Welcome back to another year at CGHS.

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- Year 12, 2010 students who received some outstanding HSC results. Particular mention should be made of the fantastic academic performance of Gabby Craven who was listed on the highly prestigious All-round Excellence Merit List and was the CGHS 2010 Dux with an ATAR of 99.4. A report on HSC results is on page 3 and a full report will be in the Annual School Report for 2010 which goes on the web site at the end of this term.
- Helen Eade, Year 12, who will perform with the Sydney Philharmonic Youth Choir in the upcoming performance of Peer Gynt with the Sydney Symphony Orchestra at the Opera House.
- Three Year 11 students who completed the Bronze Duke of Edinburgh Award - Christina Mitrevski, Nicole Salouros and Vivian Yeung.

THANKS TO:

- The SRC for co-ordination of the Exodus can drive.
- All families who donated to the Christmas can drive to help those families not as fortunate. A huge amount of canned and dry food was donated by our school community.
- Earlwood Baptist Church who have been a wonderful assistance to some of our families in recent time.
- All families who have donated uniforms to the clothing pool.

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6. Safe Travel, Security of Personnel items, Swimming Carnival,
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February, 2011
STAFF Changes (Continued)
We farewelled at the end of 2010, Ms Christina Houvardas. Ms Houvardas has taken up a Head Teacher position at Sydney Girls High. Ms Houvardas had taught at CGHS for 17 years and her brilliant teaching of Legal Studies and the care and compassion she showed for students will be missed. Interviews will be held over the next few weeks to find a replacement teacher.
We also welcome back Ms Jacqueline Mikhail who will be teaching English/ Drama 2 days per week.
We welcome the following new staff:
Ms Robyn Andrews, Head Teacher Science from St George Girls HS.
Ms Gayle Gibson, Head Teacher Maths, from Strathfield Girls HS.
Mrs Eva Wittenberg ESL teacher from Belmore Boys HS.
Ms Hwa Lee, Korean Teacher from MLC.
Ms Dori Wisniewski, Counsellor for 2 days per week.
Mr Peter Munro, Counsellor for 1 day a week.

HEALTH ALERT
Would all families please notify the school immediately if there is a case of chicken pox, measles, or other infectious disease in their household. This year letting the school know this information is extremely important. We have a student with a health condition which means she can get very sick if she comes in contact with any infectious diseases. We appreciate your assistance in this matter. Please call the school office to notify any infectious diseases in your household on 9718 1805.

SCHOOL CALENDAR
Please check the school calendar on the web site for upcoming events.

SCHOOL PHOTO order forms will be issued from Monday 14.2.11- so start saving for this. Photo Day is Friday 25.2.11

SAVE THE DATE
SKELIG
Our 2011 School play is in rehearsal Performances will be on 18-21.5.2011 in the MPC

Ms Gayle Gibson, HT Maths with Yr 10 Maths students
2010 HSC Results

The school would like to congratulate its wonderful Year 12, 2010, who achieved some fantastic results in the 2010 HSC.

The school’s best results were in English Extension 1, English Extension 2, Legal Studies, Mathematics Extension 1, Modern History, History Extension 1, Music, Chinese Background Speakers, French Beginners and Portuguese Continuers. In all these subjects the average student result was higher than the average student result for the state. To achieve above the state average is a really tremendous achievement, and all credit goes to the hard working students in these subjects and their talented teachers.

The other things these results show is that the school does an exceptional job at supporting students at the top end of the performance spectrum. Initiatives such as the Performance Class will continue to support our high achieving students.

The school was also really close to the state average in English as a Second Language, Advanced English, Economics, and Visual Arts.

Again this is a really substantial achievement when you consider the standard of achievement in HSC subjects across NSW, which increases ever year. There are, of course, some subject areas the school would like to do a little better in for the 2011 HSC. These include Community and Family Studies, Drama, Personal Development, Health and Physical Education, Physics, Society and Culture, Studies of Religion and Textiles and Design.

In comparison to the 2009 Higher School Certificate, the school increased the number of students achieving in high performance bands (Bands 5 and 6) in Ancient History, Business Studies, Economics, Advanced English, English as a Second Language, English Extension 2, Mathematics Extension 2, Music, Chinese Background Speakers, Japanese, Accounting and Hospitality. This is something that both the students and their teachers should be extremely proud of!

Year 12 2011 is another exceptional year group. Through ongoing hard work in class and at home, and through undertaking regular revision, this year’s Year 12 will build on the wonderful results of last year’s cohort and again make the Canterbury Girls school community extremely proud!

Student Welfare, Health and Well Being

Student welfare at Canterbury Girls HS supports all students to learn and achieve at their personal best. All families are reminded the Year Adviser is the first point of contact for all matters relating to well being at school. Year Advisers work to support all students in their regular and punctual attendance at school every day, as well as assisting in being prepared for learning, homework and study.

Year Advisers and the student welfare team

We welcome Ms Mawassi of the HSIE faculty to the team as the new Year 7 Year Adviser, and Ms Jones from Science, who is replacing Mrs Cooper on maternity leave for Year 8. Ms Jenkins, Ms Strachan, Ms Burgess and Ms Liu look after the remaining Years 9 through to 12. Ms Kovanis and Ms Papadopolas complete the team with their roles in Prefect and SRC coordination. Ms Matos and Ms Tyral are both located in the Library, looking after Careers and the Senior Learning Centre. Finally, we are fortunate to again have the services of Ms Kadri, who coordinates the Premier's Student Volunteering Program for Year 9 and 10, as well as running a Staying On Program designed to support students over the age of 17 to remain engaged in learning at school.

Year 7 mentoring

The Year 7 mentoring program begins in Week 2 and will continue until Week 6 of term 1. Trained mentors from Years 9 and 10 will lead small groups in each class of Year 7 to assist them in their adjustment to life in the secondary school community. Making friends, positive relationships, finding your way around and learning how to use your timetable and diary at high school are all part of this series of workshops. In addition to the orientation activities and assistance from the prefects on Days 1 and 2, we hope this program will make Year 7 feel like they belong at Canterbury Girls.
High Achievers and Welcome to Year 7 Assembly

In week 4 on Thursday February 17 our annual High Achievers and Welcome to Year 7 Assembly will take place, recognising the highest academic achievers of 2010. We look forward to welcoming back many Year 12 students who attained excellent results in the 2010 HSC on this day.

Day of Well Being and Camp program

The Student Welfare Program in 2011 will include the annual Day of Well Being in early Term 2, a day of workshops, performances and guest speakers tailored for each Year group around the issues of resilience, self esteem, anti-bullying and positive relationships. Goal setting, study skills and motivation are also addressed. Each Year has the opportunity to attend a camp over the course of the year, and we encourage all families to plan ahead to enable their daughters to participate in this important experience in social and personal development.

Vaccinations

Vaccinations for Year 7 will take place over 3 visits starting in May. HPV, Hep B, Chicken Pox, Diptheria, Tetanus and vaccinations against Whooping Cough will be offered. Information packs will be sent home prior to the first visit. Year 10 students will also be offered the Diptheria, Tetanus and Whooping Cough vaccine.

Health matters

A reminder to parents to notify the school about your child’s health.

We welcome information from parents about your child’s health, even if you are not requesting support from our school. Our school asks for medical information when you enrol your child. It is important that you let us know if your child’s health care needs change or if a new condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the Principal.

This will greatly assist our school in planning to support your child’s health and wellbeing.

Please remember to notify school office staff of any changes to contact details or nominated emergency contact details.

We appreciate your assistance and assure you that any information provided will be stored securely and will only be used in order to support your son or daughter’s health needs or as required by law. Further information on student health can be found on the DET website http://www.schools.nsw.edu.au/studentsupport/studenthealth/index.php

Julie Ronayne
Head Teacher Welfare

Prefect News

Welcome back to our hardworking prefects and indeed to all Year 12 as they embark on their last year of high school!

The prefects, as always, hit the road running - even on their first day - with their much appreciated facilitation in helping Year 7 to find their way around and to make sure they had a seamless start in high school during their first few days. The prefects were already familiar to the Year 7 students as they got to know each other during some fun - filled mentoring sessions last term during the Year 6 Orientation day.

Every Monday the prefects will be involved in coordinating and running a school assembly in liaison with teachers and other students.

The prefect body has already registered to participate and fundraise for the Queensland Flood Appeal and will be coordinating a Blood Donation drive later in the term.

They are currently busy preparing to chair the High Achiever’s Assembly in Week 4 and are also organising to assist the staff and students at the Swimming Carnival.

All this whilst keeping up with their academic and other extra-curricular commitments!!! They are a special group of girls who are always willing to volunteer their time and effort to support their fellow students as well as staff in order to benefit their school community and we are immensely proud of them! I wish them and the rest of the school community all the very best in 2011.

Sylvia Kovannis
Prefect co-ordinator
Sustainable Schools – Pack a Waste-Free Lunch

A waste-free lunch means that you have no packaging to throw away when you’ve finished eating - nothing other than apple cores and fruit skins, which can always be composted. The best way to reduce garbage is to not create it.

**Five Simple Ways to Pack a Waste-Free Lunch:**

1. **REUSABLE carrier (cloth bag, lunchbox)**
   NO throw-away bags

2. **REUSABLE containers**
   NO plastic wrap, foil or styrofoam

3. **WATER BOTTLE for drinks**
   NO single-use cartons or cans

4. **CLOTH NAPKIN to wash and re-use**
   NO paper napkins

5. **CUTLERY to wash and re-use**
   NO plastic forks and spoons

You can also reduce waste by not buying excessively packaged food products and reduce ‘food travel miles’ by buying products that are grown locally, perhaps you might like to try starting your own vegie garden. Take action for sustainability.

Parent Support for Correct Uniform

Wearing the correct uniform each day enables students to feel a proud member of the Canterbury Girls High School community, and provides maximum protection in practical lessons and when in the playground. The overwhelming majority of students attend school each day in full school uniform and are to be commended on their positive attitude and commitment in relation to uniform.

However, an issue still exists with a number of girls who persist in wearing incorrect footwear, usually in the form of slip on shoes / slippers. These shoes are unsafe for school, and, as such, should not be worn under any circumstances. Such shoes offer the girls little support, and provide no protection if there is an accident in a practical class or in the playground.

**Example of Incorrect Shoes**

All students are encouraged to wear black leather shoes which cover the foot and protect a student in the event of an accident.

**Example of Correct Shoes**

Each day a student is out of full school uniform – including shoes – she is sent to the Deputy Principal. Her name is recorded and a generic letter sent home. All parents and caregivers are encouraged to continue to support the school in relation to uniform – including shoes – and are asked to contact me should they have any enquiries relating to this matter.

Andrew Anderson
Deputy Principal

PLEASE CONTACT US if any personal contact details have changed- see our email contact below

Safe Travel to and From School
The most important priority the school has is that the girls be completely safe from the time they leave home in the morning until the time they return home that same afternoon.
Parents / caregivers are reminded of the need to have regular conversations with their daughter concerning safe travel to and from school. Of particular importance is the need for all students to take care when crossing roads. Parents / caregivers are aware of the enormous flow of traffic which frequents Canterbury Road and adjoining streets. Parents / caregivers are encouraged to remind their daughters to be aware at all times and to avoid being distracted by their friends or by their ipods when crossing roads or leaving pavements.
Canterbury Station is an especially busy area in the periods before and after school where students from all schools in the area congregate in their journey to and from school. Ashfield police regularly patrol this area as part of their ongoing commitment to supporting student safety. Students are encouraged to take particular care when crossing the road to the station, when ascending and descending stairs to the platforms and whilst waiting on platforms and when alighting from trains.
Parents should also note that before school supervision does not commence before 8.15am each morning, so students should not be at school before this time. When students arrive at school, they should report to the Library or Inner Quads and not leave the school under any circumstances.
In the afternoons, students should proceed directly home at the end of the school day. The school does not provide after school supervision, and loitering around the front of the school or surrounding streets is unsafe.
If parents or students have any questions regarding the issue of safety, please do not hesitate to contact me.
Andrew Anderson
Deputy Principal

Security of Personal Items
Nothing creates such a high level of distress for a student as when a valuable item is lost or stolen. Often valuables are purchased only after a student or parent has saved money for many months. It therefore is extremely upsetting to lose this item.
Students are STRONGLY encouraged NOT to bring valuables to school. Mobile phones, money, jewellery, iPhones, ipods etc should be left at home wherever possible. If there is a need to bring money or a phone, a small amount of money or an inexpensive phone are preferable.
Any items of value should remain on a student’s person at all times. They should never be left in bags which are left unattended in venues such as the Library or at school Sport.
I would ask that all parents and caregivers please have regular conversations with their daughters regarding the issue of security and encourage their daughters not to bring items of value to school.
Andrew Anderson

SWIMMING CARNIVAL
Under The Sea Theme
Date: Friday 18th February
Venue: Canterbury Aquatic Centre
Time: Meet at Basketball Courts outside the venue at 8.45am (approx. finish 2.30pm)
Cost: $3.50
Dress: Students can dress up in Under The Sea theme or House colours

Save us Money- GET the NEWSLETTER BY EMAIL- Please email the school email address with any updated email addresses so we can adjust

Education Tax Refund
Buying new school-related equipment? Don’t forget to keep your receipts; you might be eligible for an Education Tax Refund. More information at www.educationtaxrefund.gov.au
**Dance Ensembles**

Canterbury Girls’ currently offers Dance as an elective subject for students in years 8, 9, 10 and 12. Dance Ensemble is an extension of the dance elective program at the school as it enables students’ skills and dance techniques to be consolidated through many performance opportunities.

Canterbury Girls Dance Ensembles perform at school events such as Education Week, Dance Showcase and ‘Madd Night’ as well as regional and state events such as Sydney Region Dance Festival, the State Dance Festival and Schools’ Spectacular.

**Year 7 Dance Ensemble**

Currently, the Blue and Gold Dance Ensembles rehearse during Wednesday sport afternoons. However, for Year 7 students, there is a separate group which is open to all Year 7 girls who wish to be involved in Dance. This class caters for both experienced and non-experienced students and will allow students to develop dance skills at their own level as well as gain performance experience. The weekly rehearsal for this group is on Monday afternoons (period 5) 3.15 – 4.30pm in the Cantabrian Hall. Any students who missed the initial dance audition are welcome to join.

For more information regarding Dance Ensembles, please see Ms. Dennis (CAPA staffroom) or Ms. Hunters (LOTE/PE staffroom).

**New Opportunities at The Arts Unit**

Students interested in the following opportunities in Dance and Drama should visit the Arts Unit Web site [https://www.artsunit.nsw.edu.au/](https://www.artsunit.nsw.edu.au/)

**Dance**

- [NSW Public Schools Dance Ensemble Auditions, Applications Now Open](https://www.artsunit.nsw.edu.au/)
- [Callback 2010, Workshop and Performance Details](https://www.artsunit.nsw.edu.au/)

**P&C Report**

Welcome back to all students, teachers, parents and in particular all the new members of the school community. In 2011 the P&C will continue its main role of providing support to CGHS in many areas. This includes financial support (fund raising), promoting links with the community, raising the school’s profile and assisting the school to continue to be a centre of learning excellence. We also support the hard work of David Ralph our General Assistant by holding several gardening bees in the cooler times of the year!

Our meetings are held in the Cantabrian Hall at 7:30pm on the third Wednesday of the month. The first being the 23rd February and all are welcome. The meetings provide an opportunity to meet other parents and to be informed of all school activities and information. Thank you and looking forward to meeting as many new members as possible.

**Dimity Flowers**

P&C President

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**Drama**

- [State Drama Camp, Applications Now Open](https://www.artsunit.nsw.edu.au/)
- [Primary Drama Ensemble, Applications Now Open](https://www.artsunit.nsw.edu.au/)
- [Junior Drama Ensemble, Applications Now Open](https://www.artsunit.nsw.edu.au/)
- [Senior Drama Company and Senior Ensemble, Applications Now Open](https://www.artsunit.nsw.edu.au/)

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Telephone: 0418 247 248
School Reporting Operation

At Canterbury Girls High School, students are issued with one report each semester. Reports are issued at Parent-Teacher Night to enable a discussion regarding the report’s content to immediately take place. All parents and caregivers are strongly encouraged to attend Parent-Teacher Night. Students in Year 7 and 11 receive an interim report at the end of term one.

The purposes of the semester reports are to:
- acknowledge growth in a student’s academic performance
- identify areas for improvement
- provide strategies that will enable improvement to occur, and support each student to achieve her personal best.

The report is structured into a cover page and a one page report for each subject studied. The cover page details the student’s record of attendance for the semester and lists any absences. Any school achievements a student participates in are also listed on the cover page. These can include such things as participation in sports carnivals, the performing arts and school service activities. An evaluative comment from the Principal and student’s Year Adviser are also included on the cover page.

The page long report for each subject includes:

1) Learning profile – students are assessed on their progress in relation to engagement with learning, working with peers, contribution to lessons, personal organisation and ability to complete homework / assessments.

2) Learning outcomes – students are assessed against a series of subject related outcomes. Students are allocated one of five bands of achievement in relation to these outcomes: limited, basic, sound, high or outstanding

3) Teacher comment – written feedback outlining what the student has learnt, areas she can improve in and strategies for improvement.

It is important that semester reports are discussed by parents and students together so that a plan for improvement can be made for the following semester. A plan for improvement is critical to a student achieving her personal best at school.

If you have any questions regarding the school’s reporting operation, please contact Andrew Anderson, Deputy Principal.

Masterchef Challenge 2010

Late last year, all of the Year 10 Food Technology students were surprised when they heard that they were going to undertake the very first Masterchef Challenge at CGHS.

There were a number of challenges that we were asked to do and for each we were awarded points. Round 1 was a mystery “egg cookery” challenge, main ingredients including; eggs, tomatoes, onion and bread which were given to the class. It was then up to us to decide how we’re going to prepare and cook the dish. For that first challenge the teachers awarded me with a perfect score 10/10, as my omelette was cooked and seasoned wonderfully, and the flavour was appetizing.

Round 2 and 3 was Savoury and Sweet challenge, we were set to work in groups. My partner and I chose to make “Bacon Basil Quiche” as our savoury dish and “Chocolate Soufflé” for our sweet dish. Counting up the scores for both tasks we got a total of 17/20 points, placing me in the 3rd position on the leader board.

There were then only two more challenges left to impress the judges, “Menu Planning” and “Ingredient identification”, and it was up to them to pick the winner. It was a very tough competition as the class all had excellent skills. The top 3 students, Cherry Lyn Saballa, Kia Ferrell and Joy Chung, had all produced restaurant quality dishes that amazed the class and our teachers.

The judges made a difficult decision and were pleased to announce me, Cherry Lyn Saballa, Canterbury Girls Masterchef winner 2010.