Congratulations to:

- Christina Sanchez, Year 11 and Josephine Falesita, Year 9 who were selected to be Regional Director and School Education Director, respectively, for a day as part of Public Education Week.
- SRC and Prefects who hosted a Leadership Morning Tea with the Honourable Member for Canterbury and Minister for Community Services Linda Burney on Public Education Day.
- All Athletes and Cross country Runners who have gone on to represent the school at Zone Carnival.

Best of Luck to:

- Gaby Craven, Year 11, who won through to be a Regional Finalist in the Sydney Morning Herald Plain Speaking Competition.

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Mrs Yvonne Bear, Careers Advisor retires later this month after 34 years with DET. Mrs Bear has been at CGHS for 14 years and also at Tempe & Matraville High Schools. Mrs Bear has guided the career development of thousands of young people and we wish her well in her retirement. A new Careers teacher starts Term 3.
Mr Lyndan Barwick, Canteen operator finishes up at the end of this term after 5 wonderful years entertaining and providing some great food for CGHS. We wish him all the best on his next journey. Due to the change over in canteen management, the canteen will be closed for the last 2 days of term and students will need to bring food to school.

SWINE FLU
A note was sent home to all Families regarding DET regulations to ensure the limiting of the spread of swine flu on 29.5.09. If you did not receive this rule please check our school website for regular updates. We will continue to put information here rather than rely on notes making it home. Please note that for the time being, any student who travels to, or arrives from, these countries or places: Metropolitan Melbourne, Mexico, USA, Canada, Japan and Panama, will be excluded from school for seven days after arriving home. This will allow time for any illness related to that travel to develop, and for prompt assessment and treatment to commence. If they remain well after seven days students can return to school. Please contact the school urgently if you have returned from travel to these places.

YEAR 10 SUBJECT SELECTION EVENING
On Wednesday, 24 June the school will be holding its annual Year 10 Subject Selection Evening in the Cantabrian Hall at 6.00pm. The evening will provide parents with important information needed to support appropriate senior school subject selection by their daughters. Parents will have an opportunity to hear from experts from within the school, the NSW Board of Studies and Canterbury Bankstown Career Connections. Most importantly, the evening will provide parents and students with an opportunity to discuss issues relating to subject selection, TAFE, career planning and Higher School Certificate requirements. A number of school staff will be in attendance and be available to offer advice and support. If you require information about the evening, please contact Andrew Anderson, Deputy Principal, by telephone on 9718 1805 or by email at andrew.anderson@det.nsw.edu.au.

PARENT TEACHER NIGHT FOR YEARS 8, 9 & 10
On Tuesday, 30 June the school will be holding a Parent Teacher Night for Years 8, 9 & 10 in the Multi Purpose Centre (MPC) from 3.30 pm until 7.30pm. The evening will provide parents with an opportunity to discuss their daughter's progress and to identify strategies for strengthening home - school partnerships. Half yearly reports will also be issued on the night. Those reports not picked up by Families on this night are mailed to the home address the next day. Please ensure your mailing address is correct on school records. (Please note that Parent Teacher Night for Years 7 and 11 will be held on Tuesday, 4 August, 2009.) The staff look forward to seeing as many parents and caregivers as possible on 30 June. If you require information about the evening, please contact Andrew Anderson, Deputy Principal, by telephone on 9718 1805 or by email at andrew.anderson@det.nsw.edu.au.
Annual School Report 2008 is now available on the website or by pick up by your daughter from Office A. Alternatively, please ring and ask for a copy to be mailed home.

Age Champions:
12yrs - Lauren Cazar yr7
13yrs - Lynette Brown yr8
14yrs - Mele Taumalolo yr8
15yrs - Jessica Taumalolo yr10
16yrs - Courtney Mahoney yr10
17yrs - Melania Gates yr11

Champion House - Darwin

Staff Star when it comes to getting in to the swing of the Carnival’s theme of ‘Cowboys and Indians’ – Ms Jenkins

We congratulate all participants for a wonderful carnival and wish those going on to represent the school at the Zone Carnival in July good luck!

Joanna Hunter
Athletics Carnival Co-ordinator
ULTRA ECO TOUR

On 18 May, three students Hannah Wales, Danielle Barnett and Pearl Dadd-Daigle attended an Ultra Eco Tour of Sydney organised by Observatory Hill. This tour involved travelling to three schools, Newtown High School of the Performing Arts, North Sydney Boys High and Sydney Girls High. Each school presented some examples of projects they had undertaken to preserve the environment in and around their schools. It was decided that North Sydney Boys were the most environmentally friendly school as they had rainwater tanks connected to their toilets and for irrigating their grass, in addition their buildings were totally eco-friendly designs. The tour then went to the Homebush Energy Australia Sustainability Centre, where there were numerous interactive learning activities. Overall the day was both enjoyable and informative. On 22 June Canterbury Girls High School is pleased to be taking part in hosting the next Ultra Eco Tour.

By Pearl Dadd-Daigle and Hannah Wales.

Student Day of Well Being

May 18 was the inaugural "day of well being" at Canterbury Girls High School, offering a one day program for each Stage group addressing study skills, anti-bullying, anti-racism and anti-discrimination, self-esteem & body image, resilience, coping and stress, positive relationships, making safe choices and reducing risk of harm.

A variety of lectures, workshops and performances were held over the day, starting with the whole school multimedia assembly "Rebound", followed by motivational speaker Armondo Hurley, the drama performances Bully Busters and Reality Bites, study skills workshops by Elevate Education, talks by the Police Youth Liaison Officer about cyberbullying and online safety, and the Ted Noffs Drug & Alcohol counsellor (for senior students). The senior program also included special guest speaker Thea O’Conner speaking about body image, self esteem, stress management and nutrition for the HSC students.

This day was designed to cover key areas of the student welfare program in an efficient, effective and enjoyable format. The messages about resilience, respect, responsibility and relationships addressed in our mentoring, leadership and learning programs throughout the year were reinforced by the activities offered. Families who had not paid for the day before May 18 will have the amount ($20) invoiced. Any student who was absent should explain the absence following normal school procedures.

Ruby Paredes performing with the band at Ashfield mall

SCHOOL Website is constantly being updated with new information - please check this regularly for date changes and additions and lots of other DET updates.
Canterbury Girls High School has been honoured to have two of its students selected to participate in an important regional initiative on Wednesday, 27 May.

Christina Sanchez in Year 11 has been selected to perform the role of Regional Director for a Day. This day will involve Christina working with Mr Phil Lambert, Regional Director, to support School Education Directors across the region in working with schools to improve results for students.

Josephine Falesita in Year 9 has been selected to perform the role of School Education Director for a Day. This role will involve Josephine working closely with Ms Sue Cran, School Education Director, Botany, over the course of a day, visiting schools and working with principals in the Botany part of Sydney region.

We look forward to hearing how our two representatives enjoyed their roles at an upcoming school assembly.

Samantha Connor has started in the position of Club Manager at Belmore Police & Community Youth Club (PCYC). Sam has been with PCYC for a number of years and just recently has transferred to Belmore. For all enquiries you can contact Sam on 97594934.

There is a variety of activities operating at the club:

- Drama Club - Monday 4.30pm - please call and book your space. Starting soon!
- Basketball - Free play Wednesday nights until Social Comp Rego on 25th May.
- Junior Boxing - Monday Wednesday and Friday 5.30pm
- The club is looking for motivated people to volunteer with our junior boxing classes!

If you are interested in volunteering with boxing or some other part of the club, please call Sam Connor on 9759 4934.

We finished the first term with a return to the CGHS Cross Country Carnival. By all accounts it was a success, with most students participating during their final sport afternoon of the term.

Congratulations to the age champions:
- 12 years - Nicole Quartly;
- 13 years - Jessica Pereira;
- 14 years - Jennifer Goodwin;
- 15 years - Kristy Biuvanua;
- 16 years - Christina Schwartz
- 17 years - Mary Vlachos.

The Zone Cross Country carnival was then held at Scarborough Park, Ramsgate. The School team all ran in their events with a special effort from Mary Vlachos (Year 11) who came 5th at Zone and will be representing us at the Area Cross Country this Thursday, 11 June.

Another notable event this term was the Regional Futsal Championships which were held at the Debbie and Abbey Borgia Community Centre, Marrickville. Ten Year 11 students attended and
played 5 high quality games against teams from Riverside Girls’, St Spyridon’s, Marist Sisters College and Monte Saint Angelo College.

Futsal Team at Regional Championships

Congratulations to all the girls involved in this prestigious event and a special mention must be made on how great the team looked in their new lotto strip, which was donated to the school by Theodora Fokas’ father. Mr Fokas owns a sports shop ‘GOL’ on Homer Street in Earlwood and the sporting community at Canterbury Girls’ would like to thank him for his generous donation.

WORK PLACEMENT EXPERIENCE

Work Placement is an essential component of completing Vocational Subjects whether at School or TAFE. Year 12 Business Services students have just completed their last work placement before the HSC. All learnt valuable skills and competencies for whatever career path they choose. In 2009 CGHS has students completing Vocational courses in Hospitality, Business Services and Nursing. In 2009 Information Technology will be an additional course on offer to CGHS students. Here are some of their stories.

I went to Croydon Park McDonalds for my Business Services Work Placement. I really enjoyed the work environment.

The duties that I completed were: filing, data entry, reconciling the cash book and organising the mail out of cheques to government organisations.

The highlight of my work experience was being taken out for lunch by the manager because of all my hard work in the office.

Grace Lim

The workplace that I attended was Arabic Council Australia in Bankstown. The duties that I fulfilled were reception duties, photocopying, filing, sorting incoming mail, answering the telephone, data entry and sending out information.

I really enjoyed shopping for basic food items which were then distributed to Arabic speaking families that are disadvantaged. This made me feel as if I had accomplished something.

Simaima Tohotoa

We (Michelle and Lisa) worked at Job Find, Campsie Centre for one week. During this time, we found it to be a very educational and enjoyable experience.

The co-workers were friendly, helpful and supportive when it came to helping us with our tasks.

At Job Find we learnt and experienced many new skills such as general administration services, filing, binding, data entry, archiving and sending facsimiles. We even attended a class that gave us good advice on how to act on a job interview!

Overall we really enjoyed our experience and would recommend the workplace to any other student.

Michelle and Lisa

The work placement that we went to was Job Find Centre in Campsie Centre. It was an absolutely positive experience for both of us.

Dominique and I enjoyed working there, as the employees were great and the duties we did were enjoyable. We absolutely LOVED to answer the telephones.

We learnt interviewing skills and how to deal with situations in the workplace. The employers were extremely kind and motivated and the Manager was really supportive.

We are really excited because the Manager offered us a job when we complete our HSC. This gives us something to look forward to in our future.

Florence Tagaloa and Dominique Atoa.
At the recent Day of Well Being at Canterbury Girls High School, the special guest motivational speaker Armando Hurley was a great success with students and staff. Here is some information about Armando, taken from the “Step to the Future” website, an organisation which conducts forums for student leaders where Armando is one of the inspiring speakers who seek to encourage young people to reach their true potential:

ARMONDO Hurley was only 17 when he was refused service in a diner and then brutally beaten to within an inch of his life, doused with alcohol and left to die on a busy United States freeway all because of the colour of his skin.

There was just one man who stopped and saved him from certain death by picking him up and getting him to a hospital where he spent two weeks in an induced coma.

Armando survived the racially motivated attack and went on to become a renowned singer, actor, songwriter and producer, and a huge hit as a motivational speaker.

“So who’s got your back?” Armando asks the audience.

“The answer is some stranger you don’t even know.”

Armando then spoke of how each audience member could be that one stranger, he spoke of the differences between right, self-respect and wrong, and how life comes down to “doing the right thing”.

“In this room are doctors, lawyers, scientists, people who will save lives, people who will be good parents, people who will be good sports stars, people who can change the world,” Armando told the students.

“So let nobody ever say that you are not of value.
You are here for a reason.
You are somebody, so dig deep into your life and find out who you are.”

REMINDER TO PARENTS

Students return to school on Tuesday 28 July for Term 3.
Commencement time is 8:40 a.m.
THEATRESPORTS SENIOR SEMI FINAL will be held in the MPC on Friday June 19th. Come along and support our senior team in their battle for a place in the Theatresports Grand Final on June 28th. Show starts at 7pm.

On Thursday June 4 Pacific Islands and Maori background students were given the opportunity to take part in a workshop at the school run by the Australian Museum. The museum has an extensive Pacific collection and the school has visited the museum in 2006 and 2008 to look at parts of it, both on display and behind the scenes. This year the museum has sought our involvement in providing the ideas and perspectives of young Pacific Islands and Maori background people in how to portray the cultures of the Pacific and New Zealand in the museum’s exhibits.

After the workshop I received the email message below from Pauline at the Australian Museum, thanking us for our involvement:

“What a wonderful morning we had with your girls. Thank you so much for allowing us to consult them about our plans for a Pacific Cultures exhibition. They were articulate and thoughtful in their responses and we got a very good insight into what they think an Pacific exhibition should look like. Please thank the other staff who made us feel so welcome and the lovely morning was much appreciated.”

I know the parents and families of the students who participated will be so pleased to hear how well their daughters represented both the school and their community. Thank you to Ms Delmas, Ms Manton and Ms Bear for their assistance at the workshop, and special mention to Sisilia Hui (Year 11) and Victoria Marsters (Year 12) for their leadership on the day!

Julie Ronayne

Potential Uniform Changes and Upgrade
A sub committee has been formed made up of students, parents and staff representatives to make some decision about additions to the current uniform code and have all our uniform items sold at Lowes. A school scarf, a different tracksuit, vests, blazers and warmer jacket are all suggestions that have already been made. If you have any opinions on what should be added or changed in the uniform code please see your SRC representatives so your views can be heard.

Families are reminded that students need to wear safe black shoes to school.

Thanks to Jane Cateris, Jana Mawassi, and Jo Hunter for photos in this edition of the newsletter.