News from the Principal

Congratulations to:-

* Phoebe Hookey and Tammy Cargill who recently presented a workshop at the Dusseldorp Skills forum, ‘Learning Choices Expo’ in Queensland. From all reports the girls represented the community with great distinction.
* Yr 12 Theatresports students who have made their way through to the next round, good luck to Alexis, Ana, Grace, Hannah and Sandra.
* Environmentally responsible Student Representative Council members had a busy World Environment week calendar-hosting a regional schools Forum on ‘Help turn talk into action’ on 31/5/06, as well as attending the Canterbury Council Celebration on 1/6/06 - our girls took out first prize in the planning for environment change workshops winning a $100.00 voucher from Gardens ‘R’ Us and 35 local native plants - Well done girls!
* 155 students from Years 7-12 who had 100% attendance in term 1. All students will receive a letter of congratulations.
* 38 students who competed extremely well at the Zone Cross Country.
* The 37 students who competed in the UNSW Science competition. This group of young women achieved 5 distinctions, 9 credits and 23 participations. Well done!

Phoebe and Tammy before the presentation in Queensland
STUDENTS AND CYBER CRIME

Young people today have wonderful opportunities, but, with those opportunities come new issues. One key issue affecting young people is cyber crime. Cyber crime occurs when mobile phones and computers are use to commit crimes such as stalking, intimidation, fraud and other malicious acts. Computer and mobile technology allows offenders to remain anonymous. Victims find this very distressing.

**Young women are particularly at risk.** At our school it is against the code of behaviour to:

- Send harassing emails or text messages,
- Make repeated phone calls to students or teachers,
- Post information which is false or misleading,
- Post information about people without seeking permission.

Students who do these things will be dealt with under the existing student welfare and discipline code. Police can become involved if this type of law is broken.

What should students do?
Tell a trusted adult, inform the school so investigation and appropriate action can occur.

When students are online they should never reveal personal details about friends, tell a stranger their name, where they live, or where they go to school or anything else which enables a stranger to harass you.

### IMPORTANT DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.6.06</td>
<td>School Athletics Carnival</td>
</tr>
<tr>
<td>13.6.06</td>
<td>Prefect Elections 2007</td>
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<tr>
<td>14.6.06</td>
<td>Regional Cross Country</td>
</tr>
<tr>
<td>19.6.06</td>
<td>Zone Athletics Carnival</td>
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<tr>
<td>26.6.06</td>
<td>Yr 7 Medieval Day</td>
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<tr>
<td>27.6.06</td>
<td>Yr 7, 8, 9, 10, 11 Parent</td>
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<tr>
<td></td>
<td>Teacher Night 4-7 p.m</td>
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<tr>
<td>27.6.06</td>
<td>Yr 11 2007 Parent Information Forum -6-7.30 p.m -Library</td>
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<tr>
<td>28.6.06</td>
<td>P and C Meeting 7.30 p.m in Principal’s Office</td>
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<tr>
<td>30.6.06</td>
<td>Last Day Term 2</td>
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<tr>
<td>18.7.06</td>
<td>Students return term 3</td>
</tr>
<tr>
<td>21.7.06</td>
<td>Yr 8, 10 choice sheets 2007 Due</td>
</tr>
<tr>
<td>27.7.06</td>
<td>Maths Competition yrs 7-12</td>
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<tr>
<td>31.7-11.7.06</td>
<td>Yr 12 HSC Trials</td>
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<td>Yr 11 Work Placement</td>
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Ivy Tran & Theodora Fokas – Year 8

### COMPUTING SKILLS TEST YEAR 10

The Computing Skills test is a mandatory requirement of the School Certificate for the first time this year.

Students’ results for the Computing Skills test will be reported from this year on their School Certificate Record of Achievement along with their results in the English-literacy, Mathematics, Science and Australian History, Geography Civics and Citizenship tests.

At Canterbury Girls High School we have chosen to do the on-line test on Wednesday 15th November. It is a 75 minute test and students will be told in Term 4 what time they will sit the test.


**Reminder to all Year 10s that your other examinations are on Monday 13th and Tuesday 14th November:—**

**English-Literacy, Mathematics, Science, Australian History and Australian Geography**

### YEAR 8 DESIGN & TECHNOLOGY ON THE BODY – JEWELLERY DESIGN

After slaving over our rings for eight long hard weeks they are finally finished and ready to dazzle on our fingers. It is something we can definitely be proud of. The bidding starts at $20,000!!!

Sue Holden
Healthy Canteen Strategy

Our Objective is for students to recognise our healthy guide products and to purchase the usually less expensive products but to also consider the healthy content in their buying of food at school. We are working towards a strategy to make students aware of what they are eating and how it effects them. By labelling our products and promoting them in a unique way it is designed to make students feel that they are not being stereo-typed.

Our foods in the canteen are labelled in the following way:

**Pink Products**
These items are usually high in sugar, fat or salt. Most of these products are recognised as junk foods and they are heavily advertised in our community.
Some of these products are – Cup a noodles, Potato Crisps, Chocolate Bars and Flavored Milk and large soft drinks.
We expect students to make the decision of purchasing these items wisely and only occasionally and considering that all ages of students from year 7 to year 12 teenagers are purchasing these items it’s our aim to make them aware of them being a pink product.
Some of these items are available in our canteen but cannot be purchased before recess.

**White Products**
Our white products are usually products that wouldn’t be considered suitable under the “Healthy Canteen Guidelines”. As children get older they require bigger sizes and more hearty foods, and yes some do require a quick fix of chocolates.
That is why we have developed a level called white products, these are products that can be consumed in moderation and include some snacks including cans of soft drink (although this might have to change in 2007), some rich flavored juices, certain snacks and some of our pies and pastries.
Most of our fresh bakery items come under the white product label, such as mini chocolate muffins. That’s because the items are cooked fresh, preservative free, and provide a healthy attitude to eating.

**Gold Products**
Over 65% of our products are in the gold range. Gold is obviously for good foods that are not only passed by the canteen association but also by our recommendations of being small in size and also high in fat, sugar and salt. We sell these items all day everyday this includes our special of the day and all our menu items.

Lyndan Barwick Canteen Manager

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In Honour - RICK FARLEY

On 22nd May, three of the captains accompanied Ms Playfair and Mr Bailey to the funeral of Richard (Rick) Farley, Linda Burney’s husband. We went to show our support for Linda as she has done on many an occasions for us.

At the funeral we saw and heard from many high profile speakers about Rick Farley’s life and his achievements. He was a truly remarkable and unique man, whose work was visionary, bringing together divergent groups from both ends of the Australian political landscape.

Although we had not met Rick Farley, the ceremony was an emotional event, we felt privileged to have attended the celebration of his life. Our deepest condolences go out to our friend Linda Burney and their family.

“Anyone can give up, it’s the easiest thing in the world to do. But to hold it together when everyone else would understand if you fell apart, that’s true strength”. Lindsey Nyman

One of the requests from the family was that instead of flowers, people wishing to pay their respects could donate to the ‘Rick Farley Scholarship’ for Aboriginal people working in conservation.

If you are interested in donating to this cause . . .

Australian Bush Heritage Fund
PO Box 329
Flinders Lane
Melbourne 8009

Esther Rath for the Co-captains
and Ms Playfair

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Indoor Soccer Regional Championships

The Annual Regional Indoor Soccer under 16’s and under19’s Championships were held at Marrickville Recreation Centre on Monday 15th May 2006. We sported three teams on the day in a competition that was nail biting to the very end.

The under 16’s division.
This year Canterbury Girls High sported two teams in the Under 16’s division. Both teams played fantastic football and their comradery and sportsmanship throughout their pool matches was second to none.

The Canterbury 2 team played exceptionally well. Their game plan was methodical, tough and energetic and they convincingly defeated all competitors, finishing at the top of their pool.

The Canterbury 1 team also played awesome football. They proved fierce competitors to all schools in their pool, but a lapse of concentration in one pool match saw them narrowly defeated and they finished second in their pool.

Unfortunately, this meant that the two Canterbury teams would meet in the quarter finals, a lot earlier than expected, and one of these talented teams would be knocked out.

The quarter final game was a thrill a minute with the supporters on the sideline finding their loyalties split between the two teams. Both teams wanted to make it to the semi finals so this match was one of the toughest of the day.

In the end it was the Canterbury 1 team who made it through to the semi finals. It was a bittersweet victory though as their success meant the end of the competition for the gallant Canterbury 2 team.

The Canterbury 1 team then went on to challenge Burwood for a place in the final. This game was routine for our girls, who thrashed the opposition and easily secured a place in the final against Riverside Girls.

The final was a tough game for our Canterbury 1 team. They played both aggressively and skilfully and made the opposition work for every ball. In the end however the strain of not having a reserve for the entire competition was beginning to show and our girls narrowly lost, finishing runners up.

Congratulations to both teams who did exceptionally well on the day and did our school proud not only in the skill you showed on the court but the sportsmanship you showed throughout the entire competition.

The under19’s division

Canterbury Girls High sported one team in Under 19’s division. This team proved to be the ‘dark horse’ of the competition and provided one of the most exciting indoor soccer competitions ever witnessed at regional level.

Our under 19’s team consisted of year 12 students who, although competitive, wanted to enjoy their last ever regional indoor soccer championship. They played good soccer in their pool matches and finished a modest 8th out of thirteen teams. They barely scraped into the quarter finals and were pitched against an in form Domremy team who were favourites to take out the competition having thrashed all teams in their pool matches.

It would be fair to say that we weren’t expecting a victory but our girls played one of the most inspiring games of indoor soccer I have ever seen. They defeated a stunned Domremy team 2-1 with the entire sports centre erupting into cheers and celebrations at the full time whistle as our girls caused the upset of the competition.

Our win meant we would be facing an extremely competent Burwood team in the semi final who had defeated our girls 6-1 earlier in the day in the pool match. We knew they were a strong team but this did not dampen the Canterbury spirit. The game was again one of the most exciting and heart stopping games I have ever seen at this level of competition with our girls turning the tables on the Burwood team defeating them 1-0. When the final whistle went the cheers nearly brought the roof down.

Our girls were in the final! Elated by their recent wins, Canterbury confidently faced the unstoppable St Vincents team in the final. The game lived up to all expectations with Canterbury taking an early lead, but the St Vincents girls came back and unfortunately our girls went down 2-1.

There were no disappointed faces. The under 19’s team had defied all odds and made it to the final. Congratulations on this extraordinary effort.

It was by far one of the most exciting Regional Championships I have ever attended.

Congratulations to all who competed, you all did Canterbury Girls High proud!
Ms Delmas
Pacific Patterns at the Australian Museum

Canterbury Girls Pacific Islander students visited the Australian Museum to view the Pacific Patterns exhibition. This was a display of photographs taken in Tonga, Samoa, Cook Islands, Vanuatu, Solomon Islands, Tahiti, Hawai and New Zealand over the past decade. Each of the photos featured the intricate patterns in the art and culture of the region including tattooing, weaving, featherwork, tapa cloth, lava lava, shell jewellery and tivaevae (patchwork).

One of the purposes of the photographer was to show the strong role of women in producing many of these traditional works of art. The exhibition also showed how much culture, history and social ritual is represented in the designs and patterns found in Pacific art. After touring the exhibition and studying the patterns, the girls had the chance to apply their designs using stencils and freehand painting on a calico bag.
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